

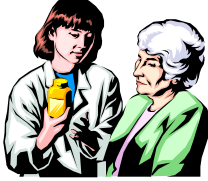







	Emergency Care	Day of admission	Day 1	Day 2 onwards	Discharge Day
Treatment and Observations 	You will have: <ul style="list-style-type: none"> • blood tests • a drip in a vein to give fluids and medications • chest X-ray • a doctor examine you • your blood pressure, pulse, temperature and breathing measured • blood sugar level tested • your urine tested. You may have: <ul style="list-style-type: none"> • ECG (heart tracing) 	Your: <ul style="list-style-type: none"> • pulse, blood pressure, breathing rate, oxygen levels and temperature will be measured regularly. You will: <ul style="list-style-type: none"> • have a drip, in a vein, to give fluids and medications. 	Your: <ul style="list-style-type: none"> • doctor will visit you each day and discuss your progress. You will have: <ul style="list-style-type: none"> • a blood test • chest X-ray (if not done prior) • your temperature, pulse and blood pressure checked every 4 hours. 	You will have: <ul style="list-style-type: none"> • your temperature, pulse and blood pressure checked regularly. 	You will be: <ul style="list-style-type: none"> • given a follow-up appointment to see your Doctor. It is important that you keep this appointment to ensure you continue to improve.
Medication	<ul style="list-style-type: none"> • You will be given antibiotics through the small tube in your vein. • You may be given pain relief if needed. • Your current medications will be reviewed. 	<ul style="list-style-type: none"> • Antibiotics will be given through the drip. 	<ul style="list-style-type: none"> • Your current medications will be reviewed by the pharmacist. 	You will be: <ul style="list-style-type: none"> • Switched to antibiotic tablets when your medical condition begins to improve. The Pharmacist will review medications for you to take home on discharge and discuss any new medication with you.	<ul style="list-style-type: none"> • The Pharmacist will supply medications for you to take home. Be sure to take the full course of antibiotics whether you feel better or not. • Immunisation will be discussed and a brochure given to explain the flu vaccination. 
Nutrition 	You may: <ul style="list-style-type: none"> • have lost your appetite • feel nauseated • require a drip if you have been unable to drink enough fluid. 	You will be : <ul style="list-style-type: none"> • given regular small meals/snacks • encouraged to drink often. Please let staff know if you require a special diet eg. diabetic, heart disease etc.	<ul style="list-style-type: none"> • If you require a special diet, the Dietitian may see you. 	<ul style="list-style-type: none"> • You will be encouraged to drink fluids regularly. • You will be given regular small meals. 	You will be: <ul style="list-style-type: none"> • able to drink normally and eat small amounts of food.
Respiratory 	Staff will: <ul style="list-style-type: none"> • measure the oxygen in your blood regularly by attaching a light probe on your finger or ear • if necessary, give you receive oxygen through a mask. 	Staff will: <ul style="list-style-type: none"> • measure the oxygen in your blood regularly • give you oxygen if necessary • take a sample of your mucus • monitor your cough. You will be seen by the physiotherapist. You will be encouraged to deep breathe and cough every hour.	The physiotherapist will: <ul style="list-style-type: none"> • see you to check your chest and encourage deep breathing exercises • check your cough and encourage coughing up mucus • encourage walking to exercise your lungs. The nurse will: <ul style="list-style-type: none"> • measure the oxygen in your blood regularly • give you oxygen if necessary. You will be encouraged to deep breathe and cough hourly.	The physiotherapist will: <ul style="list-style-type: none"> • monitor your breathing exercises daily • discuss the Pulmonary Rehabilitation Program, if applicable • continue with your breathing exercises. You will be encouraged to deep breathe and cough hourly. 	You will be: <ul style="list-style-type: none"> • given a sheet of home exercises that the physiotherapist will go through with you. • Please continue to do these exercises at home until you have fully recovered. Gradually increase your activity as your health improves but remember to take regular rests.
Discharge and Education	The nurse will: <ul style="list-style-type: none"> • explain your condition to you and your family • inform you / your family about possible length of stay in hospital • explain about the Hospital in the Home program, if necessary. 	<ul style="list-style-type: none"> • Your treatment plan will be discussed with you / your family. • You / your family will be Informed about possible 3-4 day stay in hospital. 	<ul style="list-style-type: none"> • Your treatment plan will be discussed with you / your family. • Any concerns you / your family may have should be discussed with your nurse. • A nurse will assess you for Post Acute Care – services you may need after discharge. • The Occupational Therapy Department can provide a range of aids if you are experiencing difficulties with daily activities. 	<ul style="list-style-type: none"> • An outpatient appointment will be made with your local Doctor. • The physiotherapist will give you an exercise sheet for discharge. 	