

Monday 14 September 2009



MEDIA RELEASE

FAMILY PLANNING NURSE URGES PEOPLE TO PRACTICE SAFE SEX

A local Family Planning Nurse has reminded people of the importance of practicing safe sex to prevent the risk of contracting chlamydia and other sexually transmitted infections.

Wimmera Health Care Group's Family Planning Nurse, Sharyn Cook said that chlamydia is the most common sexually transmitted infection affecting young Australians.

"Chlamydia remains active in the reproductive system for a long time and in some people, it can cause infertility later in life."

"As many as fifty per cent of women who have trouble getting pregnant, have had chlamydia in the past. It is one of those diseases that people can have without knowing it. Chlamydia can cause pelvic pain in women too" she said.

Ms Cook said that chlamydia can affect both men and women. "Whilst prevention is the best measure, the good news is, that it can be easily tested and treated with antibiotics" she said.

For more information on chlamydia testing, treatment and prevention, people should contact their local GP or the Family Planning Nurse at Wimmera Health Care Group ph 5362 1240.

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