

Tuesday 13 October 2009



## **MEDIA RELEASE**

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### **PHOTO OPPORTUNITY:**

Wednesday, 14 October 2009, Barkuma Respite House, 13 Arnott Street, Horsham, between 10.00 a.m. and 2.00 p.m.

### **BLUSH AND BLING BANNER FOR AWAKENINGS**

Barkuma Ladies Group members have been busy putting their creative skills to good use over the last few weeks. They have been making a banner to promote Blush and Bling at this year's Awakenings Festival in Horsham.

Respite worker and Awakenings committee member Lindy Muller said that the banner would be used to promote a new Blush and Bling service available to Awakenings participants and their carers this year.

Blush and Bling will be offered in the Masonic Hall from 2.30 to 5.30 p.m. on Saturday 24<sup>th</sup> October in preparation for the Awakenings ball that night. The event has been funded by the Commonwealth Carer Centre.

"Participants can come into the hall during the afternoon and have their makeup and nails done for the ball. They can also make a headpiece to go with their outfit" she said.

Ms Muller said that the Barkuma Ladies Group is an initiative of the Carer's Respite Centre at Wimmera Community Options. The Ladies Group meets every Wednesday from 10.00 a.m. to 2.00 p.m. at Barkuma House, 13 Arnott Street, with participants having varying degrees of dementia and frailty.

"The banner is just one way our participants are able give something back to the community. We have a small group of ladies who come along each week and they have a lot of fun. Barkuma is a fantastic facility that not only gives participants some time out to come together as a group, it also gives carers some well deserved respite" she said.

"We are looking for support for Blush and Bling. If anyone is interested in helping us out on Saturday 24<sup>th</sup> October we would like to hear from them as soon as possible" she said.

People can contact Ms Muller for further details on ph. 5381 9336.

**MEDIA CONTACTS:** Sue Frankham

Community and Private Patient Liaison Officer  
Ph. 5381 9309

Caitlin Kerr/Lindy Muller  
Carer Respite Centre  
Ph. 5381 9336  
Mob. 0400 175 709