

Friday 23 January 2009



MEDIA RELEASE

ABORIGINAL FAMILY FUN DAY HEALTH CHECKS

A Family Fun Day will be held at Goolum Goolum Aboriginal Co-operative on Wednesday 29th January 2009. At this event there will be a launch of the 'Early Years Insert' for the Child Health Record and a poster 'Your Teeth are for Keeps' promoting good dental care.

This Family Fun Day will also include Child Health Checks for babies and children before commencing Playgroup, Kindergarten and School. Other activities will include immunisations provided by the Maternal and Child Health Nurse, hearing tests by the Healthy for Life Team, haircuts so all the children are looking dashing for their first day back at school, handouts of toothbrushes, toothpaste, lunch boxes and children's water play and face painting.

The 'Early Years Insert' contains local information for Aboriginal families to contact universal services such as Maternal & Child Health, Breastfeeding support, Playgroups, Local Doctors, Story time and Rhyme time at the Horsham Library and Wimmera Uniting Care Children's Services.

It is anticipated families will be able to use this simple reference to assist them utilise and become more informed of what is available in the community and mainstream services. Horsham Rural City Council will continue to support this insert with updating information and photos. The Child Health Record Book is provided by Wimmera Health Care Group and is presented to all new mothers.

'Your Teeth are for Keeps' Poster was created to promote a positive oral health message to brush teeth twice a day. It features photos of nutritional information to provide a visual learning of foods that are bad for teeth and foods that are good for teeth. The poster also displays contact information for Aboriginal families that may need assistance with making appointments for dental visits.

Both of these initiatives have been progressed by the Delkaia Aboriginal Best Start Partnership. This partnership comprises a number of organisations including Wimmera Health Care Group, Wimmera Uniting Care, Barengi Gadjin Land Council, Horsham Rural City Council, Goolum Goolum Aboriginal Co-

operative, Wimmera Primary Care Partnership, Budja Budja Co-operative and Horsham North Primary School.

Miss Nola Illin the Delkaia Aboriginal Best Start Facilitator would like to take this opportunity to thank the Wimmera Aboriginal Community for supporting the Family Fun Days. These days are a joint initiative of the Delkaia Aboriginal Best Start Partnership and Healthy for Life Program at Goolum Goolum Aboriginal Co-operative. It is proposed that there will be further Family Fun Days of different themes in 2009 during the school holiday's.

If you would like additional information on these or any other Delkaia Aboriginal Best Start Project initiatives or events Miss Illin can be contacted on 5381 9351 or visit at Wimmera Health Care Group, Bindawarra Building, Read Street, Horsham.